



OUTDOOR SKILLS CAMP

AT THE PARKLANDS



INFORMATION
PACKET
GRADES 7–9

Join us for a
week of
adventure in
The Parklands!



theparklands.org/camps



CAMP INSTRUCTIONS

1

Double-check the dates you've registered your child for *before* camp begins.

For safety, we maintain strict camper-to-counselor ratios. If your child arrives on a date they are not registered for, we may be unable to accommodate them that day.

If your plans change and your child is unable to attend their scheduled camp day(s), please notify us as soon as possible. Camp spots are limited, and advance notice allows us to offer the space to another camper who would love the opportunity to attend.

2

Complete all required paperwork.

Please be sure to fill out all required forms online prior to arriving at camp to ensure a smooth check-in process. [Click here to fill out all mandatory camp paperwork online](#) or visit theparklands.org/camps.

All three forms must be completed for your camper to participate:

- Camp Permission Form
- Camper Health History Form
- Camper Emergency Action Form

If you prefer to fill out paperwork manually, copies can be provided during drop off on your child's first day of camp (must be completed immediately).

Exception: You can skip this step ONLY if you have **already completed paperwork for another 2026 camp** at The Parklands.

3

Read this packet in its entirety.

This packet has all kinds of helpful information, including what your child will need to bring to camp, drop off and pick up procedures, camp policies and more. **If you have any questions, please email Director of Education & Programming Curtis Carman at ccarman@theparklands.org**

DROP-OFF AND PICK-UP

CAMP HOURS

Monday–Friday • 9:00am–4:00pm

DROP-OFF: Campers should be dropped off between **8:30am–9:00am** each morning. Parents/guardians are required to walk their child to check-in.

PICK-UP: Campers must be picked up between **4:00pm–4:30pm** each afternoon. Only those listed on the camper's Health History Form will be permitted to pick up the child. A photo ID must be provided at the time of pick-up.

Please note: Parents picking up their camper after 4:30pm will be subject to a late pick-up charge of \$1 per minute.

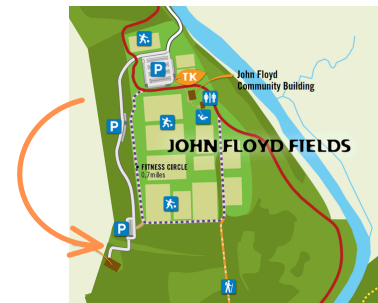
CAMP DROP-OFF AND PICK-UP LOCATION

The Parklands Administration Building in Pope Lick Park

4214 S. Pope Lick Road, Louisville, KY, 40299

The link below will take you to Google Maps* where you can input your starting point and get directions to the drop off spot.

*Google Maps works best for directions.
Apple Maps is not as reliable with our park roads.



[Click Here for Directions to The Parklands Administration Building](#)

Directions to The Parklands Administration Building from Downtown Louisville area:

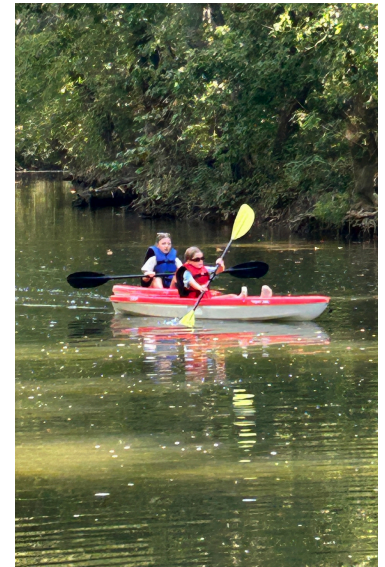
1. Take **I-64 E** to **Exit 19A I-265 S** (Gene Snyder Freeway South)
2. Take **Exit 23** for **KY-155** toward Taylorsville/Jeffersontown
3. Turn **LEFT** onto **KY-155 S/Taylorsville Rd** (signs for Fisherville)
4. Turn **RIGHT** onto **S Pope Lick Road**
5. Follow the park road **past the first parking lot** (where you will see JFF Community Building and soccer fields). Continue down that road until it dead ends at a **smaller parking lot** where our Camp Counselor will be waiting to check your camper in.

WHAT TO BRING

All campers will receive a T-shirt on the first day of camp that they should wear each day.

In addition to their camp shirt, please make sure your child comes prepared each day with:

- A backpack to carry lunch and water
- A sack lunch that does not require refrigeration
 - Optional: a small snack that doesn't require refrigeration
- A water bottle that can be refilled
- Durable shoes that can get wet and dirty (such as old tennis shoes, water shoes, crocs, strap-on sandals)
- Change of clothing and shoes (especially on Fridays, see below.)
- Towel (on Fridays)
- Rain jacket
- Sunscreen and bug spray that your camper can apply themselves



Paddling:

Each **Friday**, campers will embark on a full day paddle trip on Floyd's Fork (weather permitting). Campers should come prepared to get wet on Fridays with a change of clothes, shoes, and socks. A towel is also recommended. Instructors will carry lunch in dry bags, but students will be expected to carry their own water. Personal floatation devices are required for participation. **All kayak instructors are ACA certified. The Parklands will provide kayaks, paddles, and flotation devices.**

If weather becomes an issue, the kayaking portion of camp will be cancelled on that day for safety. Weather and staffing permitting, kayaking may be moved to a different day of the week. This change will be communicated via email.

Biking:

Weather permitting, campers will have the opportunity to go biking often during camp. With direct access to nearly 19 miles of paved bike path, there's so much to explore! The Parklands will provide bikes and helmets. Helmets will be required for participation.

Archery:

Students in grade 4–6 will practice archery on **Thursdays**. To participate in archery, campers are required to wear **close-toed shoes**. Archery will be led by trained instructors.

Rain or Shine:

Camps are held mostly outdoors, even in the event of rain. Please have your child prepared with rain gear. If weather conditions pose a safety concern, we will stay indoors and do hands-on science experiments, but please be aware that we will go outside in rain or shine unless conditions become hazardous.



We're here to help!

We want your child to have a great time at camp, and we know that times are hard for many families right now.

If you have any concerns about being able to provide food or supplies for your camper, please reach out to Director Curtis Carman at ccarman@theparklands.org.

CAMP POLICIES



No Violence Policy

The Parklands of Floyds Fork has a **No Violence policy** in place to keep campers, staff, and other park visitors safe and having fun. Failure to comply with this policy may result in your child being asked to leave camp with no refund provided. Parents will be notified immediately if this policy is violated and may be asked to pick up their camper early.

No Phone Policy

At The Parklands Outdoor Adventure Camps, students will not be permitted to use their phones while participating in park activities. This rule is in place for the safety and enjoyment of all campers.

Studies have confirmed that being in nature, unplugged from our devices, can have profoundly positive impacts on our physical and mental health—especially for kids.

All Camp Counselors will have access to phones and radios and can get in touch with parents any time a camper asks. Camp Counselors reserve the right to take a camper's phone away if this policy is not followed. The phone will be returned to the camper at the end of the day.

Allergies

Please be sure to alert The Parklands staff **verbally and on the Emergency Action Form** of any allergies your camper has, especially serious allergies that may require emergency care such as an EpiPen.

If your child has a serious tree nut allergy, please be advised that while exploring the forest, it is likely that students will encounter tree nuts. We make every effort to be mindful of allergies, so please be sure to share this information with camp staff.

Safety Reminder

Please make sure to check your camper every evening for ticks. Summer is an especially bad time of year for these critters, but a tick check should be mandatory after every day of camp year-round. We make every effort to stay on trails and out of areas where ticks are found, but this is good practice.

Archery and Kayaking: Campers will participate in Archery and/or Kayaking during their camp. During these activities, campers will be accompanied by trained archery instructors and ACA-certified kayak guides. These activities will not take place in cases of hazardous weather (such as flash flooding, low water levels, or lightning).

If you have any questions or concerns, please email please email Director of Education & Programming Curtis Carman at ccarman@theparklands.org.



What can my child expect at camp?

Summer Campers can expect to spend a good deal of time outdoors hiking trails, wading in the stream, and participating in other activities including kayaking, biking, archery, fishing, arts and crafts, science experiments, and wilderness survival. Floyd's Fork is our park's namesake and a big part of our camp activities. Campers can expect to get wet and muddy each day during camp from wading and/or kayaking.

What happens in the event of bad weather?

We monitor weather closely. Activities may be adjusted, moved indoors, or modified to ensure camper safety. Families will be notified if schedule changes occur.



Does my child need prior experience kayaking, biking, fishing, etc.?

No experience is necessary! All activities are age-appropriate and led by trained staff.

How are campers grouped? Can my child be placed with his/her friend?

Campers are grouped by grade and age to ensure appropriate activities and supervision. Our 7th-9th camp is a relatively small camp. If you are signing up for this camp with a friend, as long as your camper is signed up for the same weeks, they will be in the same camp group.

What if my child has allergies or medical needs?

Please list all allergies, medications, and medical concerns during registration and review them with staff at check-in.

How do I get a discount?

Members of The Parklands receive discounts on all Outdoor Adventure camps! Make a donation to The Parklands to become a Member for a full year. Learn more at theparklands.org/member.



Are there scholarships available?

A limited number of summer camp scholarships are available for students attending Title I schools. Contact our Director of Education & Programming at ccarman@theparklands.org about availability.

What is your cancellation or refund policy?

In general, registrations are non-refundable. Please contact us as soon as possible if you have an extenuating circumstance and we will do our best to come up with a solution for you.

Who should I contact with questions?

Our Director of Education & Programming, Curtis Carman, can be reached via email at ccarman@theparklands.org and by phone at (502) 815-0274.

In case of emergency during active camp hours, The Parklands Education Team can be reached by calling (502) 815-0274.



Thanks for registering your child for The Parklands Outdoor Skills Camp!
Get more information about The Parklands at theparklands.org.