

# **2025 Outdoor Adventure Summer Camp**

## **Parent Information and Details**

## **GENERAL CAMP INFORMATION**

#### **Directions to Camp**

Camp for students in grades 7<sup>th</sup>-9<sup>th</sup> is held each day at The Parklands Administration Building located in Pope Lick Park. The written directions below will get you to the building. You may also follow the Google Maps link below.

Take I-64 East to I-265 (Gene Snyder Freeway) South; take the Taylorsville Rd exit and turn left onto Taylorsville Road. It is approximately 0.8 miles to the entrance to Pope Lick Park – turn right just before the gas station onto South Pope Lick Road. Follow the road into the park. You will come around a sharp curve and will see soccer fields on your left. Continue the park road around another curve and follow the road until it dead ends past our archery range. The Parklands Administration Building is located at the top of the gravel driveway, but a Parklands team member will be in the parking lot to check-in your student.

For a link to Google Maps directions please <u>click here</u>.

#### How do I register?

Registering is quick and easy with our online registration process. Simply go to <a href="https://www.theparklands.org/Camps">www.theparklands.org/Camps</a> to sign up! If you wish to sign up in person or by phone, you can register by calling 502-815-0274 and speaking with one of our Education and Programming team.

#### When is my payment due?

Full payment for camp programs is due at the time of registration or on the first day of camp. You may pay via check or with credit card only. No cash payments will be accepted for camp programs.

## Do you offer any discounts?

YES! Parklands members will receive a \$25 discount per week of camp. The Parklands of Floyds Fork is a donor-supported public park and membership is a great way to support the parks you love!

#### Will I receive confirmation of enrollment when I sign up for camp?

Yes! If you are registering online, confirmations are automatically generated and sent to the email address you provided at the time of registration. If you call to make a reservation, please be sure to provide us with your e-mail address so that they may send you confirmation.

#### What if my child would like to be placed with his/her friend?

Each camp group (K-3<sup>rd</sup>, 4<sup>th</sup> -6<sup>th</sup>, 7<sup>th</sup>-9<sup>th</sup>) will be its own group. Campers in different age groups cannot be placed together for safety reasons.

#### What can my child expect at camp?

Parklands Summer Campers can expect to spend a good deal of time outdoors hiking trails, wading in the stream, and participating in many more activities including but not limited to kayaking, archery, fishing, arts and crafts, science experiments, and wilderness survival. Floyds Fork is our park's namesake and a big part of our camp activities. Campers can expect to get wet and muddy each day during camp from wading and/or kayaking in Floyds Fork. A change of clothes and shoes is highly recommended for comfort.

# Can my camper attend a camp in an older or younger age group, even if he/she is not entering those grades?

For the safety of our campers and in the interest of age level appropriateness, age categories must be observed to ensure the best possible experience for all campers. We have found that children enjoy themselves more and have a better experience if they are with kids their own age. Campers are eligible for each age group based on the grade they just completed or the grade they will enter. A rising 7<sup>th</sup> grader would be eligible for the 7-9<sup>th</sup> grade group but a rising 6<sup>th</sup> grader would not.

#### **WHAT TO BRING TO CAMP**

#### What should my camper bring each day?

Campers should wear appropriate attire for outdoor activity and that can get wet and muddy (please no flip-flops). Most days campers will be participating in creek and outdoor activities where the child can expect to get muddy and wet, so appropriate clothing is required. When wading in the stream campers will be required to keep their shoes on. Old tennis shoes, water shoes, or strap on sandals work well. A change of clothes and shoes is strongly recommended for comfort, but not necessary. Food will not be provided as a part of the camp day; all campers should bring a lunch and snack that does not require refrigeration and a bottle for water that can be refilled, each day. A backpack is suggested but not necessary.

Parklands summer camp is based mostly outdoors and your child should expect to get muddy and/or wet. During camp, we spend time at Floyds Fork wading in the stream but only with

SHOES ON. Please come prepared to camp each day with a change of clothes and shoes for comfort.

## How should I prepare prior to arriving at camp each day?

If your child feels sick, please keep them home and inform Parklands Director of Education Curtis Carman by emailing <a href="mailto:carman@theparklands.org">carman@theparklands.org</a> or by calling, 502-592-7618. Please make sure your child arrives at camp each day with clean clothes, a change of clothes and shoes, a refillable water bottle, sack lunch, and snack. Please apply sunscreen and bug spray to your camper prior to arriving at camp. Parklands staff will remind students to reapply throughout the day but will not put sunscreen or bug spray on children unless they are unable to do so themselves.

#### DAILY DROP OFF & PICK UP

#### What do I need to do on my child's first day of camp?

On your child's first day of camp, (Monday) you'll need to bring your child to the parking lot of the Parklands Administration Building located in Pope Lick Park to check in and turn in all required paperwork for camp (Health History Form, Permission Form, & Emergency Action Form – if necessary). Please make every effort to fill out paperwork online prior to camp. If that is not an option, we will have copies available during drop-off. At this point, Parklands staff will provide a camp t-shirt and nametag.

#### How do I drop off / pick up the rest of the week?

Each day, Parents/Guardians will pull up in the parking lot of the Parklands Administration Building to drop their camper off. Parklands staff will meet your camper in the parking lot to check them in.

During pick up, parents/guardians should pull into the parking lot of the Parklands Administration Building. Parklands staff will only release campers to those whose names appear on the camper's Health History Form and all those picking up MUST show ID each day.

## How soon can I drop off my child? Is it OK to pick up early or drop off late?

Drop off begins **no earlier than 8:30 a.m.** and will continue until 9:00 a.m. when camp begins. There is no early drop-off as Parklands staff need this time to prepare for the camp day. Parents/Guardians may opt to drop off late or pick up early, but please be advised that campers may be participating in camp activities in the park and time should be allotted for travel back to the Parklands Administration Building. **Official pick-up hours are from 4:00-4:30pm**. There is no late care service; all campers must be picked up no later than 4:30pm. Parents/Guardians will be subject to an automatic credit card charge of \$1 per minute for each minute after 4:30pm.

#### WHAT TO EXPECT AT CAMP

## What can my child expect when arriving at camp?

Drop-Off for Parklands Outdoor Adventure Camp begins at 8:30am with camp activities beginning at 9:00am. Please make every effort to arrive at camp by 9:00am so that your child can meet up with their group. If arriving late, please alert Director of Education and Programming Curtis Carman by calling 502-592-7618.

Upon arrival each morning, Parklands staff will check-in your child in the parking lot of The Parklands Administration Building and walk them into the building.

## What can my child expect during camp?

At camp, we make every effort to be outdoors as much as is safely possible. This will include hiking, wading, fishing, games, crafts, and experiments, among many other things. However, during very hot or hazardous weather days we will remain inside our building. Our camps are student led and campers will get the chance each morning to vote for the activities they would like to do. This often means splitting up into groups based on activity. A typical camp day schedule is below.

8:30am-9:00am: Arrival at Camp

9:00am-11:30am: Morning hike and/or outdoor activity

11:30am-12:00pm: Games and prepare for lunch by washing hands and changing clothes if

necessary

12:00pm-12:45pm: Bag lunch and field games in soccer fields

12:45pm-1:15pm: Indoor cool down time (movie, craft, game)

1:15pm-3:45pm: Afternoon hike and/or outdoor activity

3:45pm-4:00pm: Prepare to go home by washing hands and collecting backpack

4:00pm-4:30pm: Parent pick-up (same location as drop-off)

#### What can my child expect when departing camp for the day?

Camp activities end each day between 3:30-4:00pm and parents will be expected to pick their camper up no later than 4:30pm. Pick up will be in the parking lot of the Parklands Administration Building (same as drop-off). Upon arrival, Parklands staff will check parent/guardian identification and then walk your camper to your vehicle. Please have your camper wash hands for at least 20 seconds when arriving at home. A tick check, showering/bathing as well as washing clothes and other items is recommended after arriving at home each day.

#### WHEN CAMP BEGINS:

How will my child spend his or her day?

All campers will participate in a balanced day of indoor and outdoor activities each week. Indoor and outdoor time will vary daily based student interest and weather. All campers will have at least ½ hour each for both lunch and recess. Outdoor activities include creek walks, hiking, wading in the stream, science experiments, and games. Students in grades 7<sup>th</sup>-9<sup>th</sup> can expect to ride bikes daily, do a full day kayak trip on Fridays, and participate in archery target shooting. Indoor activities include crafts, science experiments, and games.

#### What does my child need to wear?

Every camper will receive a camp T-shirt on his or her first day that should be worn each day of camp if possible. All campers should wear appropriate footwear for summer outdoor exploration. Most, if not all, camps participate in creek activities so please have your child prepared with shoes that they can get wet. Good examples of creek shoes are KEEN water shoes, old tennis shoes, or closed toe water shoes. A change of clothes and shoes/socks is strongly recommended for comfort.

#### What should I do for lunch/snack each day?

Campers will eat lunch outside in the park each day, so please pack a lunch and snack for your child. Remember, some campers may be suffering from food allergies so please be considerate when packing your child's lunch. Please note: Lunches are outdoors so do not pack food that requires refrigeration.

## THE EDUCATION & INTERPRETATION TEAM & CLASS SIZES

#### Who is The Education & Programming Team? Who will be my child's counselors?

The Education & Programming team at The Parklands is responsible for the day-to-day operation of camp. They are full-time staff with The Parklands and are on site and available each day. The Parklands camps are taught by The Parklands Camp Counselors, Interpretive Rangers, Assistant Director, and Director of Education; all are college students or graduates with extensive educational backgrounds in ecology, are CPR & First Aid Certified, and have completed extensive criminal background checks. All staff love the outdoors and are looking forward to working with the campers this summer. Our standard ratio of counselors to children is 1:10.

#### How large are your classes, what are your ratios?

All 7<sup>th</sup>-9<sup>th</sup> grade camps are limited to 10 campers. When a class reaches capacity, we will start a waiting list. Our ratios are 1:10; each class has at least two adults per group at all times, depending on activity and daily schedule.

#### Can I stay with my child during camp?

For the safety of Parklands staff and campers, parents will not be allowed to stay with their child at camp. We know campers may be uneasy if this is their first camp experience so to help with this, Parents/Guardians are welcome to stay with their campers during our drop off period (8:30).

a.m. -9:00 a.m.) as long as they stay separate from the rest of the camp group-outside. At the start of our day, we ask that Parents/Guardians leave their campers in the care of The Education & Programming Team. Please keep in mind that all Education & Programming Team members have experience and an interest in working with children and will strive to make camp the best experience possible for your child. The Education & Programming team will call you if a concern should arise with your child.

#### **CAMP POLICIES**

#### What are your COVID-19 safety policies?

We do not have any current COVID-19 policies, but we reserve the right to implement new safety policies based on the recommendations of the CDC and the state as it relates to the spread of disease.

#### **No Violence Policy**

The Parklands of Floyds Fork has a No Violence policy in place to keep summer campers and other park visitors safe and having fun. Failure to comply with this policy may result in your child being asked to leave camp with no refund provided. Parents will be notified if this policy is violated.

#### **No Phone Policy**

During Parklands Outdoor Skills Camp, students will not be permitted to use their phones while participating in park activities. This rule is in place for the safety and enjoyment of all campers. Science has confirmed that being in nature, unplugged from our devices can have profoundly positive impacts on our physical and mental health- especially for teens. Students may bring their phone to camp for use during lunchtime but will not be permitted to bring it with them into the park for camp activities. All Parklands Camp Counselors will have access to phones and radios and can get in touch with parents any time a camper asks. Camp Counselors reserve the right to take a phone away if this rule cannot be followed. The phone will be returned to the camper at the end of the day.

#### **Allergies**

Please be sure to alert Parklands staff verbally and on the Emergency Action Form of any serious allergies your camper has that may require emergency care such as EPI Pens. If your child has a serious tree nut allergy, please be advised that while exploring the forest, it is likely that students will encounter tree nuts. We make every effort to be mindful of allergies so please be sure to share this information with camp staff.

#### What is your cancellation/refund policy?

Refunds will be issued in full if requested at least 14 days prior to the start of your camp week(s). If a refund is requested under 14 days prior to the start of your camp week(s), partial refunds will be considered but not guaranteed. "No Shows" will not be issued a refund.

21<sup>st</sup> Century Parks reserves the right to cancel camp sessions without prior notice based on safety concerns at which point a full refund will be issued.

## What is your inherent risk clause? Why do you need it?

Because we offer camps in an outdoor setting (and nature can be unpredictable), it is important that we communicate with our camper's Parents/Guardians about any potential risk that may occur when we are participating in activities that are outside. Our number one priority at camp is safety and all decisions and activities are conducted with this in mind. Inherent risk clauses are common in outdoor education programs; our inherent risk clause is below:

I \_\_\_\_\_\_(parent/guardian name) give permission for \_\_\_\_\_\_(my child's name) to participate in the 21st Century Parks, Inc. Camp Program at The Parklands of Floyds Fork. I understand that the child named above must follow all rules and regulations stated by 21st Century Parks, Inc. Inherent risk is associated with all outdoor activities including but not limited to hiking, biking, archery, canoeing/kayaking, wading, and fishing. All of these activities can be adversely affected by trail conditions and weather. I further agree to release and hold harmless 21st Century Parks, Inc., from any and all claims of bodily injury, sickness, disease or death, (including loss or damage to tangible property) to my child that might occur during this program.

We constantly strive to provide programs that respect emotional, social, intellectual and physical safety. Participants and/or guardians acknowledge their understanding of and agreement to participate in potentially unsafe programs by signing appropriate Health and Safety forms.

#### What if my child has special needs, or requires daily medication?

21st Century Parks, Inc. staff & volunteers are unable to administer medication to any child unless it is specifically designated by the parent/guardian on The Parklands Emergency Action Form prior to camp. If your child requires daily medication that must be administered during camp or emergency medication such as an epinephrine pen or inhaler, you may fill out an Emergency Action Form so that Parklands staff may administer when needed or in a crisis situation. Please give medication to Parklands staff in the morning upon drop off. Medication should be given in a marked bottle with the child's name and dosage information.

Please note that one-on-one care cannot be provided. You may opt to provide your child with an outside caregiver during camp (at no cost) if you wish to have your child participate in camp.

#### What if my camper will be absent?

Please notify us by calling the Education office at 502-815-0274 or the Director of Education and Programming directly at 502-592-7618. Our Education & Programming team will check messages daily and will notify your counselor in case of an absence. Refunds will not be issued for absent days.

## What is your policy in case of severe weather?

During times of severe weather, camp will be held indoors in the Parklands Administration Building in Pope Lick Park. In case of weather severe enough to cancel camp activities, The Parklands Education & Programming team will communicate with all parents by phone and email in addition to providing closing information on our website. If severe weather is present camp activities will be held indoors.